



CONTROLLED SUBSTANCE/NARCOTIC POLICY***

*** Meds such as hydrocodone, Lortab, OxyContin, Vicodin, codeine, fentanyl, morphine, Xanax, Adderall, Soma, Clonopin, Testosterone, Valium, Percocet, Lyrica, Tramadol, Ambien, Lunesta, etc. (This is NOT a complete list, just examples)

So that we may prevent misunderstandings, these are our rules about narcotics/controlled substances:

We will not give prescriptions for narcotics or controlled substances on the first new patient visit; except for recent serious injury.

To get pain medications for long-lasting pain, you and your provider will talk about:

1. You understand what the side-effects are when taking these medications.
2. You may see only one provider to get the pain medications.
3. You will do a urine drug screen at every visit.
4. You must come in for visits just to talk about your pain, about every 3 months.
5. You must have an appointment to get your refills.
6. You will not keep calling to ask for refills, you must come in.
7. You will avoid alcohol and all illicit drugs, including marijuana.

8. You will not drive, use heavy machinery, or be involved in public safety while taking narcotics.
9. You will allow your provider to talk to other providers about your use of narcotic medications.
10. You will meet with a Behavioral Health therapist and see a pain specialist if your provider sends you.
11. You will try other ways to treat your pain, if your provider recommends it.
12. You will take your medication as you are supposed to, and not take more than you are supposed to.